

NOVEMBER 2017

Good Eats at:

Tenaha ISD
High School

Special Announcements



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

MON

TUE

WED

THUR

FRI

Breakfast- Biscuit, gravy
Lunch-Popcorn chicken, mashed potato, gravy, green beans, peaches, orange milk, bread
Option-Corndog 6

Breakfast- Biscuit, gravy
Lunch-Nachos, meat, cheese, pinto beans, mini carrots, pineapple, orange, milk, rice
Option-Burrito 13

Breakfast-Sausage, biscuit
Lunch-Turkey Wrap, baked beans, baked chips, pickle spears, tropical fruit, apple, milk, Pudding
Option- Chic Sand. 7

Breakfast- Cinnamon Roll
Lunch- Tiger Burger, cheese, fixins, Fries, peaches, orange, baby carrots, milk
Option-Corndog 14

Breakfast- French toast stick
Lunch- Chicken Strips, potatoes, gravy, bread, corn, baby carrots, pears, apples, milk
Option-Stk. fingers 1

Breakfast- Pancake on stick
Lunch-Baked Potato, ham, cheese, 2 bread sticks, broccoli, baby carrots, pears, orange milk
Option-Pizza 8

Breakfast- Waffles, fruit, juice, milk
Lunch- Thanksgiving Feast 15

Breakfast- Sausage, Biscuit
Lunch- Tiger chicken, cheese, fixins, Smiley fries, baby carrots, peaches, orange, milk
Option-Burger 2

Breakfast- Omelet, toast
Lunch-Stuffed crust Pizza, salad, carrot sticks, peaches, milk, pudding
Option- Chic Sand. 9

Breakfast- Sausage, toast
Lunch-Hot ham & cheese on Ciabatta bun, pickle spears, broccoli, applesauce, orange, chips, milk, pudding
Option- Burger 16

Breakfast-chicken biscuit
Lunch- Spaghetti, 2 bread sticks, corn cob, salad, peaches, apple, milk
Option- Burger 3

Breakfast-Kolache
Lunch- Beef Tips & rice, green beans, roll, trop. fruit, orange, salad, milk
Option- Chic. 10

Breakfast-Mini Pancakes
Lunch- Chicken Spaghetti, roll, green beans, salad, peaches, orange, milk, Jello
Option-Pizza 17

No School Thanksgiving Break!

Breakfast-Sausage, Biscuit
Lunch- Chicken Taco Salad, pinto beans, pineapple, milk, rice
Option-Burrito 27

Breakfast- French Toast Sticks
Lunch- Hot Dog, chili, cheese, chips, carrots, salad, pears, apple, milk
Option-Corndog 28

Breakfast-Omelet, toast
Lunch- Chicken fried steak, potatoes, gravy, green beans, pears, orange, milk, bread
Option-Nuggets 29

Breakfast- Biscuit, gravy
Lunch- Tiger chicken, cheese, fixins, Tots, baby carrots, peaches, orange, milk
Option- Burger 30

11.23

Thanksgiving Day

Fun facts on back! ➔