

SEPTEMBER

2018

**GOOD
EATS AT**

Tenaha ISD
Elementary
& Junior
High

**SPECIAL
ANNOUNCEMENTS**

I'm
SPEEDY CUE
to the rescue!



NO School
Holiday

3

Breakfast- Omelete,
toast
Lunch- Chicken fried
steak, potatoes, gravy,
green beans, pears,
orange, milk,

4

Breakfast-
Mini Pancakes
Lunch-
Tiger chicken, fixins, Tots,
baby carrots, peaches,
orange, milk

5

Breakfast- French
Toast Sticks
Lunch- Hot Dog,
chips, carrots, salad,
pears, apple, milk

6

Breakfast- Pizza, milk,
juice, milk
Lunch- Mini Corndogs,
broccoli, carrots, Fruit
mix, orange, milk,

7

Breakfast- Sausage
Biscuit
Lunch- Stuffed crust
Pizza, salad, carrot
sticks, peaches, milk,

10

Breakfast- Scrambled
eggs, toast
Lunch- BBQ sandwich,
black eyed peas, sweet
potato tots, pears,
apple, milk

11

Breakfast- French toast
stick
Lunch- Chicken Strips,
potatoes, gravy, bread,
corn, baby carrots, pears,
apples, milk

12

Breakfast- Blueberry
muffin
Lunch-
Tiger Burger, fixins,
Smiley fries, baby carrots,
peaches, orange, milk

13

Breakfast- Mini
Pancakes
Lunch- Chicken
Spaghetti, roll, green
beans, salad, peaches,
orange, milk,

14

Breakfast- Biscuit,
gravy
Lunch- Nachos, meat,
cheese, pinto beans,
mini carrots, pineapple,
orange, milk,

17

Breakfast- Sausage, Biscuit
Lunch- Hot ham & cheese on
Ciabatta bun, pickle spears,
broccoli, applesauce,
orange, chips, milk

18

Breakfast- Pancake on a
stick
Lunch- Baked Potato,
ham, cheese, bread stick,
broccoli, baby carrots,
pears, orange milk

19

Breakfast- Omelet,
toast
Lunch- Stuffed crust
Pizza, salad, carrot
sticks, peaches, milk,

20

Breakfast- Kolache
Lunch- Beef Tips &
rice, green beans, roll,
tropical fruit, orange,
salad, milk

21

Breakfast- Sausage,
Biscuit
Lunch- Taco Salad,
pinto beans,
pineapple, milk

24

Breakfast- French toast
stick
Lunch- Chicken Rings,
potatoes, gravy, bread,
corn, baby carrots,
pears, apples, milk

25

Breakfast- Cinnamon
Roll
Lunch-
Tiger Burger, fixins,
Fries, peaches, orange,
baby carrots, ,milk

26

Breakfast- Sausage,
biscuit
Lunch- Turkey Hoagie,
baked beans, baked
chips ,fixins, tropical fruit,
apple, milk

27

Teacher
In-Service

28

**GET
READY**

**FOR NATIONAL
SCHOOL LUNCH WEEK**

OCTOBER 8-12
SquareMeals.org/nslw



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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