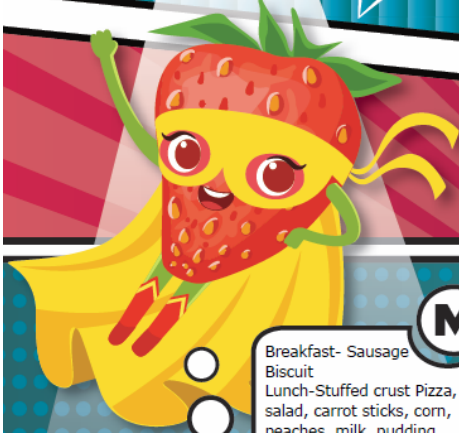


# APRIL

2019



I'm the **BOUNDLESS BERRY**

**HEALTHY SUMMER MEALS FOR KIDS**  
No Cost For Kids 18 and Younger

M	T	W	TH	F
Breakfast- Sausage Biscuit Lunch- Stuffed crust Pizza, salad, carrot sticks, corn, peaches, milk, pudding Option- Chic. Sand. <b>1</b>	Breakfast- French toast stick Lunch- Chicken Rings, potatoes, gravy, bread, green beans, baby carrots, pears, apples, milk, jello Option- Stk. Figers <b>2</b>	Breakfast- Cinnamon Roll Lunch- Tiger Burger, cheese, fixins, Fries, peaches, orange, baby carrots, ,milk Option- Burger <b>3</b>	Breakfast- biscuit, Gravy Lunch-Turkey Hoagie, baked beans, baked chips ,fixins, tropical fruit, apple, milk, pudding Option- Chic Sandwich <b>4</b>	Breakfast-Pizza Lunch- Grilled cheese, SOUP, carrot stick, salad, peaches, milk,crackers <b>5</b>
Breakfast-Pancake on a Stick Lunch- Tacos, lettuce, cheese, pinto beans, pineapple, orange, rice option- Burrito <b>8</b>	Breakfast- Omelete, toast Lunch- Chicken fried steak, potatoes, gravy, green beans, pears, orange, milk, bread Option-Nuggets <b>9</b>	Breakfast- Mini Pancakes Lunch- Tiger chicken, cheese, fixins, Tots, baby carrots, peaches, orange, milk Option- Burger <b>10</b>	Breakfast- French Toast Sticks Lunch- Hot Dog, chili, cheese, chips, carrots, salad, pears, apple, milk Option-Corndog <b>11</b>	Breakfast- Kolache Lunch- Spaghetti, 2 bread sticks, salad, corn, peaches, orange, milk <b>12</b>
Breakfast-Sausage, Biscuit Lunch- Taco Salad, pinto beans, pineapple, milk, rice Option-Burrito <b>15</b>	Breakfast- Scrambled eggs, toast Lunch-BBQ sandwich, black eyed peas, sweet potato tots, pears, apple, milk, pudding Option- Corndog <b>16</b>	Breakfast- French toast stick Lunch- Chicken Strips, potatoes, gravy, bread, green beans, baby carrots, pears, apples, milk Option-Stk. fingers <b>17</b>	Breakfast-Muffin,Yogurt Lunch-Pizza, salad,corn carrot sticks, peaches, milk, pudding Option- Chic. Sand. <b>18</b>	<b>NO School</b> <b>19</b>
Breakfast- Biscuit, gravy Lunch-Nachos, meat, cheese, pinto beans, mini carrots, pineapple, orange, milk, rice Option- Burrito <b>22</b>	Breakfast- Sausage, Biscuit Lunch-Hot ham & cheese on Ciabatta bun, pickle spears, broccoli, applesauce, orange, chips, milk, pudding Option- Burger <b>23</b>	Breakfast- Pancake on a stick Lunch-Baked Potato, ham, cheese, 2 bread sticks, broccoli, baby carrots, pears, orange milk Option-Pizza <b>24</b>	Breakfast- Omelet, toast Lunch-Stuffed crust Pizza, salad, carrot sticks, corn, peaches, milk pudding Option-Chic. Sandwich <b>25</b>	Breakfast-Mini Pancakes Lunch- Chicken Spaghetti, roll, green beans, salad, peaches, orange, milk, Jello Option-Pizza <b>26</b>
Breakfast- Sausage Biscuit Lunch- Stuffed crust Pizza, salad, carrot sticks, corn, peaches, milk, pudding Option- Chic. Sand. <b>29</b>	Breakfast- French toast stick Lunch- Chicken Rings, potatoes, gravy, bread, green beans, baby carrots, pears, apples, milk, jello Option- Stk. Figers <b>30</b>	<b>ART CONTEST ENDS</b> "You ART What You Eat" Art Contest ENDS APRIL 12 <sup>TH</sup> <a href="http://SquareMeals.org/artcontest">SquareMeals.org/artcontest</a>		

**GOOD EATS AT**

Tenaha ISD High School

**SPECIAL ANNOUNCEMENTS**



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



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