

# SEPTEMBER

2019



I'm **BIANCA** "BOOST" BLUEBERRY

M	T	W	TH	F
SCHOOL HOLIDAY 2	Corn Dog Ranch Beans Sweet Potato Gems Veggie Salad Bar w/Dressing Honeydew Melon Frosty Peach Cup 3	Chicken Rings w/Gravy Mashed Potatoes Green Peas Whole Grain Roll Veggie Salad Bar w/Dressing Red Grapes Diced Pears 4	Cheesy Nachos Salsa & Peppers Spanish Rice Whole Kernel Corn Veggie Salad Bar w/Dressing Orange Wedges Mango Chunks 5	Chicken or Hamburger on Bun Sliced Cheese Fries w/Sauce Veggie Salad Bar w/Dressing Apple Slices Fruit Slush 6
Chicken Wrap Pizza Square Green Beans Mixed Vegetable Veggie Salad Bar w/Dressing Strawberries Mix Fruit 9	Spaghetti w/Meat Sauce Baby Lima Beans Glazed Carrots Corn Bread Veggie Salad Bar w/Dressing Cantaloupe Cubes Mandarin Oranges 10	Chicken Nuggets w/Gravy Mashed Potatoes Broccoli w/Cheese Whole Grain Roll Veggie Salad Bar w/Dressing Green Grape Sliced Pears 11	Stromboli Buttered Corn Pinto Beans & Peppers Veggie Salad Bar w/Dressing Orange Wedges Pineapple Tibits 12	Chicken or Hamburger on Bun Sliced Cheese Fries w/Sauce Veggie Salad Bar w/Dressing Applesauce Fruit Slush 13
Chicken Wrap Stuffed Crust Pizza Green Beans Cauliflower w/Sauce Veggie Salad Bar w/Dressing Strawberries Mixed Fruit 16	BBQ Sandwich Baked Beans Sweet Potato Gems Veggie Salad Bar w/Dressing Mandarin Oranges Frosty Peach Cup 17	Chicken Tenders w/Gravy Mashed Potatoes Sweet Peas Whole Grain Roll Veggie Salad Bar w/Dressing Red Grapes Diced Pears 18	Chicken Quesadilla w/Salsa Spanish Rice Buttered Corn Sliced Peppers Veggie Salad Bar w/Dressing Orange Wedges Mango Chunks 19	Chicken or Hamburger on Bun Sliced Cheese Fries w/Sauce Veggie Salad Bar w/Dressing Apple Slices Fruit Slush 20
Chicken Wrap Pizza Wedges Green Beans Mixed Vegetable Veggie Salad Bar w/Dressing Strawberries Mix Fruit 23	Chicken Spaghetti Black-Eyed Pea Glazed Carrots Corn Bread Veggie Salad Bar w/Dressing Cantaloupe Cubes Mandarin Oranges 24	Steak Fingers w/Gravy Mashed Potatoes Broccoli w/Cheese Whole Grain Roll Veggie Salad Bar w/Dressing Green Grapes Sliced Pears 25	Asian Glazed Chicken Brown Rice Buttered Corn Pea & Carrots Veggie Salad Bar w/Dressing Fortune Cookie Orange Wedges Pineapple Tibits 26	Chicken or Hamburger on Bun Sliced Cheese Fries w/Sauce Veggie Salad Bar w/Dressing Applesauce Fruit Slush 27
Chicken Wrap Stuffed Crust Pizza Green Beans Cauliflower w/Sauce Veggie Salad Bar w/Dressing Strawberries Mix Fruit 30				

**GOOD EATS AT**

- Snack Bar
- Drinks \$1.00
- Chips \$1.00
- Cookies \$ .50
- Ice Cream \$1.00
- Rice Krispies Treat \$1.00
- Entrée \$2.00
- Side Dishes \$1.00

There is **NO Charging** allowed for extra entrees', side items and a la carte items including ice cream, snacks, etc.

**SPECIAL ANNOUNCEMENTS**

**Chef Salad Offered Tuesday, Wednesday, Thursday Jr High and High School**

**Offered Daily Ham & Cheese Sandwich**

Choice of milk everyday: White 1% Low Fat or Flavored Fat Free. Menus are subject to change without notice.



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



This product was funded by USDA. This institution is an equal opportunity provider.

**GET READY**

**FOR NATIONAL SCHOOL LUNCH WEEK**

**OCTOBER 14-18**  
SquareMeals.org/NSLW

