

# DECEMBER

2019

**GOOD  
EATS AT**

 Tenaha ISD  
Elementary &  
Junior High

**SPECIAL  
ANNOUNCEMENTS**

 Have A Merry  
Christmas &  
Happy New  
Year!

 TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER

 This product was funded by USDA.  
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 I'm  
**POWERFUL  
PETE**
**M**  
Breakfast- Biscuit  
gravy  
Lunch- Nachos,  
meat, cheese,  
pinto beans, mini  
carrots, pineapple,  
orange, milk 2

 Breakfast- Cinnamon  
Roll  
Lunch-  
Tiger Burger, fixins,  
Fries, peaches,  
orange, baby carrots,  
milk 9

 Breakfast- Pancake  
on a Stick  
Lunch- Tacos,  
lettuce, cheese,  
pinto beans,  
pineapple, orange, 16

 NO SCHOOL!  
Christmas  
Break! 23

 NO SCHOOL!  
Christmas  
Break! 30

**T**  
Breakfast- Sausage,  
Biscuit  
Lunch- Hot ham &  
cheese on Ciabatta  
bun, pickle spears,  
broccoli, applesauce,  
orange, chips, milk 3

 Breakfast- biscuit,  
Gravy  
Lunch- Turkey  
Hoagie, baked chips  
fixins, tropical  
fruit, apple, milk 10

 Breakfast- Scrambled  
eggs, toast  
Lunch- BBQ sandwich,  
black eyed peas,  
sweet potato tots,  
pears, apple, milk 17

 NO SCHOOL!  
Christmas  
Break! 24

 NO SCHOOL!  
Christmas  
Break! 31

**W**  
Breakfast- Pancake  
on a stick  
Lunch- Baked Potato,  
ham, cheese, bread  
sticks, broccoli, baby  
carrots, pears, orange  
milk 4

 Breakfast- Omelet,  
toast  
Lunch- Chicken fried  
steak, potatoes,  
gravy, black eyed  
peas, pears, orange,  
milk, roll 11

 Breakfast- Sausage,  
Biscuit  
Lunch- Chicken  
Strips, potatoes,  
gravy, roll, green  
beans, baby carrots,  
pears, apples, milk 18

 NO SCHOOL!  
Christmas  
Break! 25

**TH**  
Breakfast- Omelet,  
toast  
Lunch- Stuffed crust  
Pizza, salad, carrot  
sticks, corn,  
peaches, milk 5

 Breakfast-  
Mini Pancakes  
Lunch-  
Tiger chicken, fixins,  
Tots, baby carrots,  
peaches, orange, milk 12

 Breakfast- Muffin,  
Yogurt  
Lunch- Pizza,  
salad, corn carrot  
sticks, peaches,  
milk, pudding 19

 NO SCHOOL!  
Christmas  
Break! 26

**F**  
Breakfast- Kolache  
Lunch- Spaghetti,  
bread sticks, salad,  
corn, peaches,  
orange, milk 6

 Breakfast- Pizza  
Lunch- Grilled  
cheese, SOUP,  
carrot stick,  
salad, peaches,  
milk 13

 Breakfast- Pizza,  
fruit, juice, milk  
Lunch- Mini  
Corn dogs, broccoli,  
carrots, Fruit mix,  
orange, milk, 20

 NO SCHOOL!  
Christmas  
Break! 27
