

DECEMBER

2019

GOOD
EATS ATTenaha ISD
High SchoolSPECIAL
ANNOUNCEMENTSHave A Merry
Christmas &
Happy New
Year!I'm
**POWERFUL
PETE**

M
Breakfast- Biscuit, Gravy
Lunch- Nachos, meat,
cheese, pinto beans,
mini carrots, pineapple,
orange, milk, rice
Option- Burrito

2

Breakfast- Cinnamon
Roll
Lunch-
Tiger Burger, cheese,
fixins, Fries, peaches,
orange, baby carrots,
milk
Option- Corn dog

9

Breakfast- Pancake on
a Stick
Lunch- Tacos, lettuce,
cheese, pinto beans,
pineapple, orange,
rice
option- Burrito

16

NO SCHOOL!
Christmas
Break!

23

NO SCHOOL!
Christmas
Break!

30

T
Breakfast- Sausage,
Biscuit
Lunch- Hot ham &
cheese on Ciabatta bun,
pickle spears, broccoli,
applesauce, orange,
chips, milk, pudding
Option- Burger

3

Breakfast- biscuit, Gravy
Lunch- Turkey Hoagie,
baked beans, baked
chips, fixins, tropical
fruit, apple, milk,
pudding
Option- Chic Sandwich

10

Breakfast- Scrambled
eggs, toast
Lunch- BBQ sandwich,
black eyed peas, sweet
potato tots, pears,
apple, milk, pudding
Option- Corn dog

17

NO SCHOOL!
Christmas
Break!

24

NO SCHOOL!
Christmas
Break!

31

W
Breakfast- Pancake on a
stick
Lunch- Baked Potato,
ham, cheese, 2 bread
sticks, broccoli, baby
carrots, pears, orange
milk
Option- Pizza

4

Breakfast- Omelet, toast
Lunch- Chicken fried
steak, potatoes, gravy,
black eyed peas, pears,
orange, milk, bread
Option- Nuggets

11

Breakfast- Sausage,
Biscuit
Lunch- Chicken Strips,
potatoes, gravy, roll,
green beans, baby
carrots, pears, apples,
milk
Option- Stk. fingers

18

NO SCHOOL!
Christmas
Break!

25

TH
Breakfast- Omelet, toast
Lunch- Stuffed crust
Pizza, salad, carrot
sticks, corn, peaches,
milk pudding
Option- Chic. Sandwich

5

Breakfast-
Mini Pancakes
Lunch-
Tiger chicken, cheese,
fixins, Tots, baby
carrots, peaches,
orange, milk
Option- Burger

12

Breakfast- Muffin,
Yogurt
Lunch- Pizza, salad,
corn carrot sticks,
peaches, milk,
pudding
Option- Chic. Sand.

19

NO SCHOOL!
Christmas
Break!

26

F
Breakfast- Kolache
Lunch- Spaghetti, 2
bread sticks, salad,
corn, peaches,
orange, milk

6

Breakfast- Pizza
Lunch- Grilled
cheese, SOUP,
carrot stick,
salad, peaches,
crackers, milk

13

Breakfast- Pizza, fruit,
juice, milk
Lunch- Mini
Corn dogs, broccoli,
carrots, Fruit mix,
orange, milk, pudding
Option- Nuggets

20

NO SCHOOL!
Christmas
Break!

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Food and Nutrition Division | National School Lunch Program and School Breakfast Program

TEXAS DEPARTMENT OF AGRICULTURE
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