MARCH 2021

Tenaha ISD High School

m	t	w	th	f
Breakfast- Pizza Lunch-Nachos, meat, cheese, pinto beans, mini carrots, pineapple, orange, milk, rice Option-Burrito 1.	Breakfast- Biscuit, Gravy Lunch- Fish Sticks, mac and cheese, salad, carrots, fruit, milk Option-Chicken Strips 2.	Breakfast- French Toast Sticks Lunch- Hot Dog, chips, carrots, salad, pears, apple, milk, chili, cheese Option- Corndogs 3.	Breakfast- Mini Pancakes Lunch-Tiger chicken, cheese fixins, Tots, baby carrots, peaches, orange, milk Option- Pizza 4.	Breakfast-Pizza Lunch- Grilled cheese, SOUP, carrot stick, salad, peaches, milk 5.
Breakfast- Scrambled eggs, toast Lunch- Chicken soft taco, lettuce, cheese, refried beans, fruit, orange, milk, rice Option- Buririto 8.	Breakfast- Muffin, yogurt, fruit, juice, milk Lunch-BBQ sandwich, black eyed peas, fries, pears, apple, milk Option- BUrger 9.	Breakfast- Sausage, Biscuit Lunch- Chicken Strips, potatoes, gravy, roll, green beans, baby carrots, pears, apples, milk Option—Steak Fingers 10.	Breakfast- Pizza Lunch- BAG LUNCH 11.	NO School!!! 12.
15.	16.	17.	18.	19.
Breakfast-Pancake on a Stick Lunch- Tacos, lettuce, cheese, pinto beans, pineapple, orange Rice Option- Burrito 22.	Breakfast- Sausage, Biscuit Lunch-Hot ham & cheese on Ciabatta bun, pickle spears, broccoli, applesauce, orange, chips, milk Option- Burger 23.	Breakfast- Pizza Lunch- Chicken Rings, roll,, potatoes, gravy, green beans, baby carrots, pears, apples, milk Option- Steak fingers 24.	Breakfast- Omelet, toast Lunch-Tiger Burger, fixins, Smiley Fries, peaches, orange, baby carrots, ,milk Option-Pizza 25.	Breakfast-Kolache Lunch- Beef Tips & rice, green beans, roll, trop. fruit, orange, salad, milk 26.
Breakfast- Omelet, toast Lunch- Chicken taco salad, lettuce, cheese, pinto beans, fruit, orange, milk, rice Option- Buririto 29.	Breakfast- Cinnamon roll, yogurt Lunch-Stuffed crust Pizza, salad, carrot sticks, corn, peaches, milk , pudding Option- Chicken Sand. 30.	Breakfast- Sausage, Biscuit Lunch- Chicken fried steak, roll, potatoes, gravy, black eyed peas, pears, orange, milk, Option-Chicken rings 31.		

SPRING BREAK!

Special Announcements:

Have A Great Spring Break!!!

- School Breakfast Week Mar. 8-12