

2026 Powerlifting Schedule

<u>Day</u>	<u>Date</u>	<u>Location</u>	<u>Team</u>
Wednesday	January 7th	Hemphill	Boys/Girls
Wednesday	January 21st	West Sabine	Boys/Girls
Wednesday	February 4th	West Sabine	Boys/Girls
Wednesday	February 21st	West Sabine	Boys ONLY

Girls Regional Meet - February 28, Emory Rains High School

Boys Regional Meet - March 5, Arp High School

Girls State Meet - March 17-21 , Edinburg, Tx.

Boys State Meet -March 27, Abilene, Tx.

Girls Powerlifting Coach: Christian Clark

Boys Powerlifting Coach: Kerry Stone

Athletic Director: Jerred Wallace