RESOLUTION "REGIONAL FALL PREVENTION AWARENESS DAY" Shelby County

DESIGNATING September 23, 2015 as "Regional Falls Prevention Awareness Day" to raise awareness and encourage the prevention of falls among older adults

WHEREAS, older adults 65 years of age and older, are the fastest-growing segment of the population in the United State, and the number of older adults in the United State will increase from 35,000,000 in 2000 to 72,100,00 in 2030;

WHEREAS, 1 out of 3 older adults in the United States fall each year;

WHEREAS, every 14 seconds, an older adult is treated in the emergency room for a fall;

WHEREAS, falls are the leading cause of injury, death, and hospital admissions for traumatic injuries among older adults;

WHEREAS, falls result in more than 2.4 million injuries treated in emergency departments annually, including over 772,000 hospitalizations and more than 21,700 deaths;

WHEREAS, in 2012, the total cost of fall-related injuries was over \$36 billion;

WHEREAS, the Centers for Disease Control and Prevention estimate that if the rate of increase in falls is not slowed the annual cost under the Medicare Program will reach \$59.6 billion by 2020; and

WHEREAS, evidence-based programs show promise in reducing falls and facilitating cost effective intervention, such as comprehensive clinical assessment, exercise program to improve balance and health, management of medications, correction of vision, and reduction of home hazards.

NOW, THEREFORE BE IT RESOLVED, the Commissioner Court of Shelby County do hereby designate September 23, 2015 as the **"Regional Falls Prevention Awareness Day".**