



DECEMBER

2020

Tenaha ISD Elementary & Junior High School



m

Breakfast- Sausage, Biscuit
Lunch-Hot ham & cheese on Ciabatta bun, pickle spears, broccoli, applesauce, orange, chips, milk

1.

t

Breakfast- Pizza
Lunch- Chicken Rings, roll,, potatoes, gravy, green beans, baby carrots, pears, apples, milk

2.

w

Breakfast- Mini Pancakes
Lunch-Tiger chicken, fixins, Tots, baby carrots, peaches, orange, milk

3.

th

Breakfast-Biscuit, gravy, fruit juice, milk
Lunch- Spaghetti, bread stick, salad, corn, peaches, orange, milk

4.

f

Breakfast- Scrambled eggs, toast
Lunch-Beef Taco Pie, tortilla chips, pinto beans, salad, fruit, milk,

7.

Breakfast- French Toast Sticks
Lunch-Stuffed crust Pizza, salad, carrot sticks, corn, peaches, milk

8.

Breakfast- Sausage, Biscuit
Lunch- Chicken fried steak, roll, potatoes, gravy, black eyed peas, pears, orange, milk,

9.

Breakfast- Pancake on a stick
Lunch-Baked Potato, ham, cheese, bread stick, broccoli, baby carrots, pears, orange milk

10.

Breakfast-Pizza
Lunch- Grilled cheese, SOUP, carrot stick, salad, peaches, milk

11.

Breakfast- Pizza
Lunch-Nachos, meat, cheese, pinto beans, mini carrots, pineapple, orange, milk

14.

Breakfast- Biscuit, Gravy
Lunch- Fish Sticks, mac & cheese, salad, carrots, fruit, milk

15.

Breakfast- Sausage, Biscuit
Lunch- Chicken Strips, potatoes, gravy, roll, green beans, baby carrots, pears, apples, milk

16.

Breakfast- Cinnamon Roll, yogurt
Lunch-Tiger Burger, fixins, Smiley Fries, peaches, orange, baby carrots, ,milk

17.

Breakfast-Mini Pancakes
Lunch- Bag Lunch
Early Release

18.

MERRY CHRISTMAS & HAPPY

21.

22.

23.

24.

25.

NEW YEAR!!!

28.

29.

30.

31.

Special Announcements:

Enjoy your Christmas Break!!



Food and Nutrition Division
National School Lunch Program and School Breakfast Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER
This product was funded by USDA.
This institution is an equal opportunity provider.



Updated 01/2020
www.SquareMeals.org