



FEBRUARY

2021

Tenaha ISD High School



Special Announcements:

Happy Valentines Day!

m
 Breakfast- Scrambled eggs, toast
 Lunch- Chicken soft taco, lettuce, cheese, refried beans, fruit, orange, milk, rice
 Option- Buririto 1.

t
 Breakfast- Muffin, yogurt, fruit, juice, milk
 Lunch-BBQ sandwich, black eyed peas, fries, pears, apple, milk
 Option- BUrger 2.

w
 Breakfast- French Toast Sticks
 Lunch- Hot Dog, chips, carrots, salad, pears, apple, milk, chili, cheese
 Option- Corndogs 3.

th
 Breakfast- Pizza
 Lunch-Chicken fried steak sandwich, fixins, Tots, baby carrots, peaches, orange, milk
 Option- Burger 4.

f
 Breakfast-Biscuit, gravy, fruit, juice, milk
 Lunch- Spaghetti, 2bread stick, salad, corn, peaches, orange, milk 5.

Breakfast-Pancake on a Stick
 Lunch- Tacos, lettuce, cheese, pinto beans, pineapple, orange
 Rice
 Option- Burrito 8.

Breakfast- Sausage, Biscuit
 Lunch-Grilled Chicken Sand., cheese, fixins, fries, applesauce, orange, chips, milk
 Option- Burger 9.

Breakfast- Pizza
 Lunch- Chicken Rings, roll,, potatoes, gravy, green beans, baby carrots, pears, apples, milk
 Option- Steak fingers 10.

Breakfast- Omelet, toast
 Lunch-Tiger Burger, fixins, Smiley Fries, peaches, orange, baby carrots, ,milk
 Option-Pizza 11.

Breakfast-pizza, juice, milk
 Lunch- Mini Corndogs, broccoli, carrots, Fruit mix, orange, milk 12.

Breakfast- Omelet, toast
 Lunch- Chicken taco salad, lettuce, cheese, pinto beans, fruit, orange, milk, rice
 Option- Buririto 15.

Breakfast- Cinnamon roll, yogurt
 Lunch-Stuffed crust Pizza, salad, carrot sticks, corn, peaches, milk , pudding
 Option- Chicken Sand. 16.

Breakfast- Sausage, Biscuit
 Lunch- Chicken fried steak, roll, potatoes, gravy, black eyed peas, pears, orange, milk,
 Option-Chicken rings 17.

Breakfast- Pancake on a stick
 Lunch-Baked Potato, ham, cheese, 2 bread stick, broccoli, baby carrots, pears, orange milk
 Option- Pizza 18.

NO SCHOOL!!!! 19.

Breakfast- Pizza
 Lunch-Nachos, meat, cheese, pinto beans, mini carrots, pineapple, orange, milk, rice
 Option-Burrito 22.

Breakfast- Biscuit, Gravy
 Lunch- Fish Sticks, mac and cheese, salad, carrots, fruit, milk
 Option-Chicken Strips 23.

Breakfast- Sausage, Biscuit
 Lunch- Chicken Strips, potatoes, gravy, roll, green beans, baby carrots, pears, apples, milk
 Option—Steak Fingers 24.

Breakfast- Mini Pancakes
 Lunch-Tiger chicken, cheese fixins, Tots, baby carrots, peaches, orange, milk
 Option- Pizza 25.

Breakfast-French Toast sticks,
 Lunch- Chicken Spaghetti, roll, green beans, salad, peaches, orange, milk 26.

