



FEBRUARY

2021

Tenaha ISD Elementary & Junior High



Special Announcements:

Happy Valentines Day!

m
Breakfast- Scrambled eggs, toast
Lunch- Chicken soft taco, lettuce, cheese, refried beans, fruit, orange, milk, rice

1.

t
Breakfast- Muffin, yogurt, fruit, juice, milk
Lunch-BBQ sandwich, black eyed peas, fries, pears, apple, milk

2.

w
Breakfast- French Toast Sticks
Lunch- Hot Dog, chips, carrots, salad, pears, apple, milk,

3.

th
Breakfast- Pizza
Lunch-Chicken fried steak sandwich, fixins, Tots, baby carrots, peaches, orange, milk

4.

f
Breakfast-Biscuit, gravy, fruit, juice, milk
Lunch- Spaghetti, bread stick, salad, corn, peaches, orange, milk

5.

Breakfast-Pancake on a Stick
Lunch- Tacos, lettuce, cheese, pinto beans, pineapple, orange
Rice

8.

Breakfast- Sausage, Biscuit
Lunch-Grilled Chicken Sand., fixins, fries, applesauce, orange, chips, milk

9.

Breakfast- Pizza
Lunch- Chicken Rings, roll,, potatoes, gravy, green beans, baby carrots, pears, apples, milk

10.

Breakfast- Omelet, toast
Lunch-Tiger Burger, fixins, Smiley Fries, peaches, orange, baby carrots, ,milk

11.

Breakfast-pizza, juice, milk
Lunch- Mini Corndogs, broccoli, carrots, Fruit mix, orange, milk

12.

Breakfast- Omelet, toast
Lunch- Chicken taco salad, lettuce, cheese, pinto beans, fruit, orange, milk, rice

15.

Breakfast- Cinnamon roll, yogurt
Lunch-Stuffed crust Pizza, salad, carrot sticks, corn, peaches, milk , pudding

16.

Breakfast- Sausage, Biscuit
Lunch- Chicken fried steak, roll, potatoes, gravy, black eyed peas, pears, orange, milk,

17.

Breakfast- Pancake on a stick
Lunch-Baked Potato, ham, cheese, 2 bread stick, broccoli, baby carrots, pears, orange milk

18.

NO SCHOOL!!!!

19.

Breakfast- Pizza
Lunch-Nachos, meat, cheese, pinto beans, mini carrots, pineapple, orange, milk, rice

22.

Breakfast- Biscuit, Gravy
Lunch- Fish Sticks, mac and cheese, salad, carrots, fruit, milk

23.

Breakfast- Sausage, Biscuit
Lunch- Chicken Strips, potatoes, gravy, roll, green beans, baby carrots, pears, apples, milk

24.

Breakfast- Mini Pancakes
Lunch-Tiger chicken, fixins, Tots, baby carrots, peaches, orange, milk

25.

Breakfast-French Toast sticks,
Lunch- Chicken Spaghetti, roll, green beans, salad, peaches, orange, milk

26.

