



MARCH

2021

Tenaha ISD Elementary & Junior High School



m

Breakfast- Pizza
Lunch-Nachos, meat, cheese, pinto beans, mini carrots, pineapple, orange, milk

1.

t

Breakfast- Biscuit, Gravy
Lunch- Fish Sticks, mac and cheese, salad, carrots, fruit, milk

2.

w

Breakfast- French Toast Sticks
Lunch- Hot Dog, chips, carrots, salad, pears, apple, milk

3.

th

Breakfast- Mini Pancakes
Lunch-Tiger chicken, fixins, Tots, baby carrots, peaches, orange, milk

4.

f

Breakfast-Pizza
Lunch- Grilled cheese, SOUP, carrot stick, salad, peaches, milk

5.

Breakfast- Scrambled eggs, toast
Lunch- Chicken soft taco, lettuce, cheese, refried beans, fruit, orange, milk

8.

Breakfast- Muffin, yogurt, fruit, juice, milk
Lunch-BBQ sandwich, black eyed peas, fries, pears, apple, milk

9.

Breakfast- Sausage, Biscuit
Lunch- Chicken Strips, potatoes, gravy, roll, green beans, baby carrots, pears, apples, milk

10.

Breakfast- Pizza
Lunch- BAG LUNCH

11.

NO School!!!

12.

15.

16.

17.

18.

19.

SPRING BREAK!

Breakfast-Pancake on a Stick
Lunch- Tacos, lettuce, cheese, pinto beans, pineapple, orange

22.

Breakfast- Sausage, Biscuit
Lunch-Hot ham & cheese on Ciabatta bun, pickle spears, broccoli, applesauce, orange, chips, milk

23.

Breakfast- Pizza
Lunch- Chicken Rings, roll,, potatoes, gravy, green beans, baby carrots, pears, apples, milk

24.

Breakfast- Omelet, toast
Lunch-Tiger Burger, fixins, Smiley Fries, peaches, orange, baby carrots, ,milk

25.

Breakfast-Kolache
Lunch- Beef Tips & rice, green beans, roll, trop. fruit, orange, salad, milk

26.

Breakfast- Omelet, toast
Lunch- Chicken taco salad, lettuce, cheese, pinto beans, fruit, orange, milk

29.

Breakfast- Cinnamon roll, yogurt
Lunch- Stuffed crust Pizza, salad, carrot sticks, corn, peaches, milk

30.

Breakfast- Sausage, Biscuit
Lunch- Chicken fried steak, roll, potatoes, gravy, black eyed peas, pears, orange, milk

31.

Special Announcements:
Have A Great Spring Break!!!

- School Breakfast Week Mar. 8-12

