



APRIL

2021

Tenaha ISD High School



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Special Announcements:

Breakfast- Pancake on a stick
Lunch-Baked Potato, ham, cheese, 2 bread stick, broccoli, baby carrots, pears, orange milk 1.

NO SCHOOL!! 2.

Breakfast- Pizza
Lunch-Nachos, meat, cheese, pinto beans, mini carrots, pineapple, orange, milk, rice
Option-Burrito 5.

Breakfast- Biscuit, Gravy
Lunch- Fish Sticks, mac and cheese, salad, carrots, fruit, milk
Option-Chicken Strips 6.

Breakfast- French Toast Sticks
Lunch- Hot Dog, chips, carrots, salad, pears, apple, milk, chili, cheese
Option- Corndogs 7.

Breakfast- sausage Biscuit
Lunch-Tiger chicken, cheese fixins, Tots, baby carrots, peaches, orange, milk
Option- Pizza 8.

Breakfast- Mini Pancakes
Lunch- Grilled cheese, SOUP, carrot stick, salad, peaches, milk 9.

Breakfast- Scrambled eggs, toast
Lunch- Chicken soft taco, lettuce, cheese, refried beans, fruit, orange, milk, rice
Option- Burrito 12.

Breakfast- Muffin, yogurt, fruit, juice, milk
Lunch-BBQ sandwich, black eyed peas, fries, pears, apple, milk
Option- Burger 13.

Breakfast- Sausage, Biscuit
Lunch- Chicken Strips, potatoes, gravy, roll, green beans, baby carrots, pears, apples, milk
Option—Steak Fingers 14.

Breakfast- Pizza
Lunch-Chicken fried steak sandwich, fixins, Tots, baby carrots, peaches, orange, milk
Option- Burger 15.

Breakfast-Biscuit, gravy, fruit, juice, milk
Lunch- Spaghetti, 2bread stick, salad, corn, peaches, orange, milk 16.

Breakfast-Pancake on a Stick
Lunch- Tacos, lettuce, cheese, pinto beans, pineapple, orange Rice
Option- Burrito 19.

Breakfast- Sausage, Biscuit
Lunch-Hot ham & cheese on Ciabatta bun, pickle spears, broccoli, applesauce, orange, chips milk
Option- Burger 20.

Breakfast- Pizza
Lunch- Chicken Rings, roll,, potatoes, gravy, green beans, baby carrots, pears, apples, milk
Option- Steak fingers 21.

Breakfast- Omelet, toast
Lunch-Tiger Burger, fixins, Smiley Fries, peaches, orange, baby carrots, ,milk
Option-Pizza 22.

Breakfast-Mini Pancakes, juice, milk
Lunch- Mini Corndogs, broccoli, carrots, Fruit mix, orange, milk 23.

Breakfast- Omelet, toast
Lunch- Chicken taco salad, lettuce, cheese, pinto beans, fruit, orange, milk, rice
Option- Buririto 26.

Breakfast- Cinnamon roll, yogurt
Lunch-Stuffed crust Pizza, salad, carrot sticks, corn, peaches, milk , pudding
Option- Chicken Sand. 27.

Breakfast- Sausage, Biscuit
Lunch- Chicken fried steak, roll, potatoes, gravy, black eyed peas, pears, orange, milk,
Option-Chicken rings 28.

Breakfast- Pancake on a stick
Lunch-Baked Potato, ham, cheese, 2 bread stick, broccoli, baby carrots, pears, orange milk 29.

Breakfast-French Toast sticks,
Lunch- Chicken Spaghetti, roll, green beans, salad, peaches, orange, milk 30.

Art Contest Deadline Apr. 2



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program and School Breakfast Program



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