

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		Breakfast- Pizza 1 Lunch- Chicken Rings, roll,, potatoes, gravy, green beans, baby carrots, pears, apples, milk Option- Steak fingers	Breakfast- Scrambled egg, 2 hash brown, toast Lunch-Baked Potato, ham, cheese, 2 bread stick, broccoli, baby carrots, pears, orange milk Options- Pizza	Breakfast- Kolache 3 Lunch- Grilled cheese, SOUP, carrot stick, salad, peaches, milk
No School 6	Breakfast- Biscuit, Gravy 7 Lunch- Fish Sticks, mac and cheese, salad, carrots, fruit, milk Option-Chicken Strips	Breakfast- Sausage, Biscuit 8 Lunch- Chicken fried steak, roll, potatoes, gravy, black eyed peas, pears, orange, milk, Option-Chicken rings	Breakfast- Omelet, toast 9 Lunch-Tiger Burger, cheese, fixins, Fries, peaches, orange, baby carrots, ,milk, Option- Corndogs	Breakfast-French Toast 10 sticks, Lunch- Chicken Spaghetti, roll, green beans, salad, peaches, orange, milk
Breakfast- Pancake on a Stick 13 Lunch-Stuffed crust Pizza, salad, carrot sticks, corn, peaches, milk , pudding Option- Chicken Sand.	Breakfast- Muffin, yogurt, 14 fruit, juice, milk Lunch-BBQ sandwich, black eyed peas, tots, pears, apple, milk, pudding Option-Pizza	Breakfast- French Toast Sticks 15 Lunch- Hot Dog, chili, cheese chips, carrots, salad, pears, apple, milk Option-Burger	Breakfast- Pizza, fruit, juice, milk 16 Lunch-Tiger chicken, cheese fixins, Tots, baby carrots, peaches, orange, milk Option- Pizza	Breakfast-Omelet, toast, fruit, juice, milk 17 Lunch- Mini Corndogs, broccoli, carrots, Fruit mix, orange, milk,
Breakfast-Pancake on a Stick 20 Lunch- Tacos, lettuce, cheese, pinto beans, rice, pineapple, orange Option- Burrito	Breakfast- Mini Pancakes, 21 sausage links Lunch-Chicken fried steak sand, cheese, smiley fries, fixins,baby carrots, peaches, orange, milk Option-Burger	Breakfast—Sausage Biscuit 22 Lunch- Chicken Strips, potatoes, gravy, bread, green beans, baby carrots, pears, apples, milk, Option- Chicken fried steak	Breakfast- Biscuit, gravy 23 Lunch-Hot ham & cheese on bun, pickle spears, broccoli, applesauce, orange, chips, milk Option- Burger	Teacher In-Service 24
Breakfast- Pizza 27 Lunch-Nachos, meat, cheese, pinto beans, mini carrots, pineapple, orange, milk, rice Option-Burrito	Breakfast- Biscuit, Gravy 28 Lunch-Pizza, corn, salad, pears, apple, milk, pudding Option- Chicken Sandwich	Breakfast- Pizza 29 Lunch- Chicken Rings, roll, potatoes, gravy, green beans, baby carrots, pears, apples, milk Option- Steak fingers	Breakfast- Scrambled egg, 30 hash brown, toast Lunch-Baked Potato, ham, cheese, 2 bread stick, broccoli, baby carrots, pears, orange milk Options- Pizza	

Sept
FEED YOUR CREATIVITY



Announcements:

Tenaha ISD High School



Food and Nutrition Division
 Nutrition Assistance Programs



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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