

Tenaha ISD Elementary & Junior High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AUG

MENU 2023

DINOSAUR VALLEY STATE PARK



ANNOUNCEMENTS:

Variety of juice
Orange juice & Apple
juice offered daily
@ Breakfast

- Cereal & toast offered daily @ breakfast
- 1% white milk & Fat free chocolate milk offered Daily @ Breakfast & Lunch

Assorted fruit offered daily @ Breakfast & Lunch
Note: Menus are subject to change

7TH WELCOME BACK!!
Hope Everyone
Enjoyed The Summer
Break!!!!

14TH Breakfast-Pancake
on a Stick
Lunch- Tacos, lettuce,
cheese, pinto beans,
pineapple,

21ST Breakfast- Pizza
Lunch-Nachos, meat,
cheese, pinto beans, mini
carrots, pineapple,
orange, milk

28TH Breakfast- Waffles,
sausage
Lunch- Chicken Taco,
lettuce, cheese, beans,
fruit, milk

1ST

8TH Breakfast- Pancake
on a Stick
Lunch-Stuffed crust Pizza,
salad, carrot sticks, corn,
peaches, milk

15TH Breakfast- Pizza,
fruit, juice, milk
Lunch-Tiger chicken, fixins,
Tots, baby carrots,
peaches, orange

22ND Breakfast- Pancakes,
sausage links
Lunch-Chicken fried steak
sandwich, fries, fixins, baby
carrots, peaches, orange,
milk

29TH Breakfast- Biscuit,
sausage
Lunch-Turkey Hoagie,
broccoli, baked chips,
fixins, tropical fruit, apple,
milk

2ND

9TH Breakfast- French
Toast Sticks
Lunch- Hot Dog, chips,
carrots, salad, pears,
apple, milk

16TH Breakfast- Biscuit,
Gravy
Lunch- Chicken fried steak,
roll, potatoes, gravy, black
eyed peas, pears, orange,
milk

23RD Breakfast-Biscuit,
gravy
Lunch-Chicken Rings, roll,,
potatoes, gravy, green
beans, baby carrots, pears,
apples, milk

30TH Breakfast- Muffins,
yogurt
Lunch- Chicken nuggets, roll,
potatoes, gravy, black eyed
peas, pears, orange, milk,

3RD

10TH Breakfast- Biscuit,
Sausage
Lunch-Tiger Burger, fixins,
smiles, mixed berries, fresh
fruit, baby carrots, ,milk

17TH Breakfast- Scrambled
egg, hash brown, toast
Lunch- Pizza, corn, salad,
fruit, milk

24TH Breakfast- Cinnamon
roll, yogurt, fruit, juice, milk
Lunch-Baked Potato, ham,
cheese, bread stick,
broccoli, baby carrots, pears,
orange milk

31ST Breakfast-French
toast sticks
Lunch-BBQ sandwich,
baked beans, tots, pears,
apple, milk

4TH

11TH Breakfast-Kolache
Lunch- Mini Corndogs,
broccoli, carrots, Fruit
mix, orange, milk,

18TH Breakfast-Kolache
Lunch- Chicken
Spaghetti, roll, green
beans, salad, peaches,
orange, milk

25TH Breakfast- Kolache
Lunch- Spaghetti, bread
stick, salad, corn,
peaches, orange, milk



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program



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www.SquareMeals.org