


# December 2024 | Tenaha ISD Elementary & Junior High



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Breakfast- Waffles, sausage Lunch- Chicken Taco, lettuce, cheese, beans, fruit, milk	<b>3</b> Breakfast- Biscuit, sausage Lunch-Hot ham & cheese on bun, pickles, broccoli, applesauce, chips, milk,	<b>4</b> Breakfast- Biscuit, Gravy Lunch- Chicken Strips, roll, potatoes, gravy, black eyed peas, pears, milk	<b>5</b> Breakfast- Pizza Lunch-Tiger Burger, fixins, fries, mixed berries, fresh fruit, baby carrots, ,milk,	<b>6</b> Breakfast-Kolache Lunch- Beef Tips & rice, green beans, roll, trop. fruit, orange, salad, milk
<b>9</b> Breakfast- Pancake on a stick Lunch-Nachos, meat, cheese, pinto beans, mini carrots, pineapple, milk	<b>10</b> Breakfast- Pizza, fruit, juice, milk Lunch-Tiger chicken, fixins, Tots, baby carrots, peaches, milk	<b>11</b> Breakfast- Muffins, yogurt Lunch- Chicken Fried Steak, roll, potatoes, gravy, green beans, pears, milk,	<b>12</b> Breakfast- Scrambled egg, hash brown, toast Lunch- Pizza, corn, salad, fruit, milk	<b>13</b> Breakfast- Kolache Lunch- Grilled cheese, SOUP, carrot stick, salad, peaches, fresh fruit, milk
<b>16</b> Breakfast-French toast sticks Lunch-BBQ sandwich, baked beans, sweet potato fries, pears, apple, milk,	<b>17</b> Breakfast- Biscuit, sausage Lunch-Turkey Hoagie, broccoli, baked chips, fixins, tropical fruit, milk	<b>18</b> Breakfast-Biscuit, gravy Lunch- Chicken Rings, roll,, potatoes, gravy, green beans, baby carrots, pears milk	<b>19</b> No School!!	<b>20</b> No School!!
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>30</b>	<b>31</b>	 <p><b>Pomegranates</b>                      Season in Texas:                      October - December                      Did you know?                      Pomegranate trees can live for over 200 years</p>		

## Announcements:

Variety of juice  
 Orange juice &  
 Apple juice  
 offered daily @  
 Breakfast  
 Cereal & toast  
 offered daily @  
 breakfast  
 1% white milk &  
 Fat free  
 chocolate milk  
 offered Daily @  
 Breakfast &  
 Lunch  
 Assorted fruit  
 offered daily @  
 Breakfast &  
 Lunch  
 Note: Menus are  
 subject to  
 change



Food and Nutrition Division  
[www.SquareMeals.org](http://www.SquareMeals.org)



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Updated 6/6/2024  
 National School Lunch Program

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Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b> Breakfast- Waffles, sausage                      Lunch- Chicken Taco, lettuce, cheese, beans, rice, fruit, milk                      Option-Burrito</p>	<p><b>3</b> Breakfast- Biscuit, sausage                      Lunch-Hot ham &amp; cheese on bun, pickles, broccoli, applesauce, chips, milk, pudding                      Option- Burger</p>	<p><b>4</b> Breakfast- Biscuit, Gravy                      Lunch- Chicken Strips, roll, potatoes, gravy, black eyed peas, pears, milk                      Option-Steak Fingers</p>	<p><b>5</b> Breakfast- Pizza                      Lunch-Tiger Burger, cheese, fixins, fries, mixed berries, fresh fruit, baby carrots, ,milk,                      Option- Corndogs</p>	<p><b>6</b> Breakfast-Kolache                      Lunch- Beef Tips &amp; rice, green beans, roll, trop. fruit, orange, salad, milk</p>
<p><b>9</b> Breakfast- Pancake on a stick                      Lunch-Nachos, meat, cheese, pinto beans, mini carrots, rice, pineapple, milk                      Option-Burrito</p>	<p><b>10</b> Breakfast- Pizza, fruit, juice, milk                      Lunch-Tiger chicken, fixins, Tots, baby carrots, peaches, milk                      Option- Burger</p>	<p><b>11</b> Breakfast- Muffins, yogurt                      Lunch- Chicken Fried Steak, roll, potatoes, gravy, green beans, pears, milk,                      Option- Nuggets</p>	<p><b>12</b> Breakfast- Scrambled egg, hash brown, toast                      Lunch- Pizza, corn, salad, fruit, milk                      Option- Chic. Sand</p>	<p><b>13</b> Breakfast- Kolache                      Lunch- Grilled cheese, SOUP, carrot stick, salad, peaches, fresh fruit, milk</p>
<p><b>16</b> Breakfast-French toast sticks                      Lunch-BBQ sandwich, baked beans, sweet potato fries, pears, apple, milk, pudding                      Option-Pizza</p>	<p><b>17</b> Breakfast- Biscuit, sausage                      Lunch-Turkey Hoagie, broccoli, baked chips, fixins, tropical fruit, milk, pudding                      Option-Burger</p>	<p><b>18</b> Breakfast-Biscuit, gravy                      Lunch- Chicken Rings, roll,, potatoes, gravy, green beans, baby carrots, pears milk                      Option- Steak Fingers</p>	<p><b>19</b>                      No School!!</p>	<p><b>20</b>                      No School!!</p>
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