


# January 2025 | Tenaha ISD Elementary & Junior High



## Announcements:

Variety of juice  
 Orange juice &  
 Apple juice  
 offered daily @  
 Breakfast  
 Cereal & toast  
 offered daily @  
 breakfast  
 1% white milk &  
 Fat free  
 chocolate milk  
 offered Daily @  
 Breakfast &  
 Lunch  
 Assorted fruit  
 offered daily @  
 Breakfast &  
 Lunch  
 Note: Menus are  
 subject to  
 change

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;"><b>Oranges</b></p> <p style="text-align: center;">Season in Texas: September - April</p> <p style="text-align: center;"><b>Did you know?</b>                      Like cantaloupes, oranges won't ripen once they're picked</p>		<p style="text-align: center;"><b>1</b></p> <p style="text-align: center;">Happy New Year!</p>	<p style="text-align: center;"><b>2</b></p>	<p style="text-align: center;"><b>3</b></p>
<p><b>6</b></p> <p style="text-align: center;">No School!!</p>	<p><b>7</b></p> <p style="text-align: center;">No School!!</p>	<p><b>8</b> Breakfast- Pizza                      Lunch- Hot Dog, chili, cheese, chips, carrots, salad, pears, milk</p>	<p><b>9</b> Breakfast- Pancake on a Stick                      Lunch- Stuffed crust Pizza, salad, carrot sticks, corn, peaches, milk, pudding</p>	<p><b>10</b> Breakfast- Kolache                      Lunch- Chicken Spaghetti, roll, green beans, salad, peaches, milk</p>
<p><b>13</b> Breakfast- Pancake on a stick                      Lunch- Nachos, meat, cheese, pinto beans, mini carrots, pineapple, milk</p>	<p><b>14</b> Breakfast- Biscuit, sausage                      Lunch- Hot ham &amp; cheese on bun, pickles, broccoli, applesauce, chips, milk,</p>	<p><b>15</b> Breakfast- Biscuit, Gravy                      Lunch- Chicken Strips, roll, potatoes, gravy, black eyed peas, pears, milk</p>	<p><b>16</b> Breakfast- Pizza                      Lunch- Tiger Burger, fixins, fries, mixed berries, fresh fruit, baby carrots, ,milk</p>	<p><b>17</b> Breakfast- Kolache                      Lunch- Mini Corndogs, broccoli, carrots, Fruit mix, milk,</p>
<p><b>20</b></p> <p style="text-align: center;">MLK Day</p>	<p><b>21</b> Breakfast- Pizza, fruit, juice, milk                      Lunch- Tiger chicken, fixins, Tots, baby carrots, peaches, milk</p>	<p><b>22</b> Breakfast- Muffins, yogurt                      Lunch- Chicken Fried Steak, roll, potatoes, gravy, green beans, pears, milk,</p>	<p><b>23</b> Breakfast- Scrambled egg, hash brown, toast                      Lunch- Pizza, corn, salad, fruit, milk</p>	<p><b>24</b> Breakfast- Kolache                      Lunch- Spaghetti, bread stick, corn, salad, peaches, orange, milk</p>
<p><b>27</b> Breakfast- Pancake on a Stick                      Lunch- Tacos, lettuce, cheese, pinto beans, pineapple</p>	<p><b>28</b> Breakfast- Biscuit, sausage                      Lunch- Turkey Hoagie, broccoli, baked chips, fixins, tropical fruit, milk</p>	<p><b>29</b> Breakfast- Biscuit, gravy                      Lunch- Chicken Rings, roll,, potatoes, gravy, green beans, baby carrots, pears milk</p>	<p><b>30</b> Breakfast- Cinnamon roll, yogurt, fruit, juice, milk                      Lunch- Baked Potato, ham, cheese, bread sticks, broccoli, baby carrots, pears</p>	<p><b>31</b> Breakfast- Kolache                      Lunch- Grilled cheese, SOUP, carrot stick, salad, peaches, fresh fruit, milk</p>



Food and Nutrition Division  
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TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Updated 6/6/2024  
 National School Lunch Program

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<p style="text-align: center;"><b>13</b></p> <p>Breakfast- Pancake on a stick                      Lunch-Nachos, meat, cheese, pinto beans, mini carrots, rice, pineapple, milk                      Option-Burrito</p>	<p style="text-align: center;"><b>14</b></p> <p>Breakfast- Biscuit, sausage                      Lunch-Hot ham &amp; cheese on bun, pickles, broccoli, applesauce, chips, milk , pudding                      Option- Burger</p>	<p style="text-align: center;"><b>15</b></p> <p>Breakfast- Biscuit, Gravy                      Lunch- Chicken Strips, roll, potatoes, gravy, black eyed peas, pears, milk                      Option-Steak Fingers</p>	<p style="text-align: center;"><b>16</b></p> <p>Breakfast- Pizza                      Lunch-Tiger Burger, cheese, fixins, fries, mixed berries, fresh fruit, baby carrots, ,milk,                      Option- Corndogs</p>	<p style="text-align: center;"><b>17</b></p> <p>Breakfast-Kolache                      Lunch- Mini Corndogs, broccoli, carrots, Fruit mix, milk,</p>
<p style="text-align: center;"><b>20</b></p> <p style="text-align: center;">MLK Day</p>	<p style="text-align: center;"><b>21</b></p> <p>Breakfast- Pizza, fruit, juice, milk                      Lunch-Tiger chicken, fixins, Tots, baby carrots, peaches, milk                      Option- Burger</p>	<p style="text-align: center;"><b>22</b></p> <p>Breakfast- Muffins, yogurt                      Lunch- Chicken Fried Steak, roll, potatoes, gravy, green beans, pears, milk,                      Option- Nuggets</p>	<p style="text-align: center;"><b>23</b></p> <p>Breakfast- Scrambled egg, hash brown, toast                      Lunch- Pizza, corn, salad, fruit, milk                      Option- Chic. Sand</p>	<p style="text-align: center;"><b>24</b></p> <p>Breakfast-Kolache                      Lunch- Spaghetti, 2 bread sticks, corn, salad, peaches, orange, milk</p>
<p style="text-align: center;"><b>27</b></p> <p>Breakfast-Pancake on a Stick                      Lunch- Tacos, lettuce, cheese, pinto beans, pineapple                      Option- Burrito</p>	<p style="text-align: center;"><b>28</b></p> <p>Breakfast- Biscuit, sausage                      Lunch-Turkey Hoagie, broccoli, baked chips, fixins, tropical fruit, milk, pudding                      Option-Burger</p>	<p style="text-align: center;"><b>29</b></p> <p>Breakfast-Biscuit, gravy                      Lunch- Chicken Rings, roll,, potatoes, gravy, green beans, baby carrots, pears milk                      Option- Steak Fingers</p>	<p style="text-align: center;"><b>30</b></p> <p>Breakfast- Cinnamon roll, yogurt, fruit, juice, milk                      Lunch-Baked Potato, ham, cheese, 2 bread sticks, broccoli, baby carrots, pears,                      Option- Corndogs</p>	<p style="text-align: center;"><b>31</b></p> <p>Breakfast- Kolache                      Lunch- Grilled cheese, SOUP, carrot stick, salad, peaches, fresh fruit, milk</p>



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